

**For Immediate Release**  
Thursday, June 6, 2019



### **CITY LAUNCHES SENIORS' MONTH WITH CELEBRATIONS**

Welland Council and city staff are wishing Niagara's older adults a happy and healthy Seniors' Month with an official launch and flag raising at the Welland Community Wellness Complex on Friday, June 7, 2019.

Seniors' Month is a time to celebrate Niagara's older generation and pay tribute to the benefits they bring to others, in addition to the outstanding contributions they give to enrich communities. Welland's older adult residents are active committee members, vibrant volunteers, and leaders who offer wisdom and experience for better community development.

According to the Ministry for Seniors and Accessibility, most seniors living in Ontario want to grow into their later years living an independent life at home while active in their communities. This year's Seniors' Month, themed Aging Strong: Respect and Protect Seniors, recognizes Ontario's older adults who thrive from an independent lifestyle.

"Welland's seniors are very interested in keeping an active lifestyle, both physically and socially: it's key to the continuation of health and vitality," said Richard Dalton, Manager of Recreation and Culture. "We're privileged to be able to work with and provide essential programs and services for our older adult members of the community. It's an essential part of what we do."

On Friday, June 7, 2019, the City of Welland will launch Seniors' Month with:

#### **Seniors' Month Launch Party ~ 9:00 a.m. to 11:00 a.m. (WCWC)**

- Mingle with light refreshments, treats and entertainment by Brad Boland - 9:00 a.m. to 10:00 a.m.
- Senior's Flag Raising - 10:00 a.m.
- Key Note Address - 10:15 a.m. to 11:00 a.m.

Bridge 13 will also light up blue and white to commemorate seniors across Ontario the evening of Friday, June 7, 2019. For more information on Seniors' Month initiatives, visit [Ontario.ca/seniors](http://Ontario.ca/seniors). For more information on senior living in Welland, visit [welland.ca](http://welland.ca). #AgingStrong

**-30-**

**Contact:** Richard Dalton  
Manager, Recreation and Culture  
905-735-1700 Ext. 4007  
[richard.dalton@welland.ca](mailto:richard.dalton@welland.ca)